Principal’s Message

On behalf of all of our staff, welcome to a new school year at Hurstville Public School! 2016 has started smoothly and I am delighted to see calm and happy students in classrooms and the playground.

As of today, we have 1,225 students enrolled in 50 classes. Nearly all of the classes are at the recommended class size or slightly over and we suspect that we may have more enrolments in coming weeks. Should this be the case, we may need to revisit our organisation to ensure the best teaching and learning opportunities for our students. With so many people approaching the school for enrolment, our numbers are changing daily. Rest assured, we are doing the very best we can to minimise disruption.

We will be sending home a note next week with General Reminders for parents and carers of important rules and procedures. This list is also on our website, in the Our School section. Please make sure that you, and anyone else who comes to school on your behalf, is aware of and follows these procedures which are very important for the safety and supervision of our students.

Always of the utmost importance is road safety. We continue to implore drivers to drive and park safely at all times in the streets around our school. Teachers have been horrified by the driver behaviour in Orange St and Kenwyn Street this term. Pedestrians also need to be constantly alert to where cars are and what they are doing. Adults should hold children’s hands and show them, every day, the right way to cross roads and walk on footpaths.

Retirement

Today makes the last day of permanent full time work for our General Assistant, Mr Grahame Aulbury. Mr Grahame, as he is known at HPS, has managed our facilities' repairs and maintenance for the last four years with great care, expert knowledge and commitment to excellence. He has been instrumental in ensuring our teachers and students have the best conditions in which to teach and learn. His involvement in the building program and upgrade in 2012/2013 ensured HPS received the best possible quality outcomes. Mr Grahame’s job is highly demanding and our staff is enormously grateful for the support he had provided. As Principal, I have greatly appreciated his efficient and proactive handling of many issues, thereby lessening my workload and time demands. As we await a replacement for this position, we may be lucky enough to have Mr Grahame do some casual days to see us through. Fingers crossed, we don’t lose his knowledge and expertise entirely!
On behalf of all at HPS, I congratulate Mr Grahame on his outstanding contribution and wish him a long, happy and healthy retirement.

Welcome
I am pleased to welcome to our staff Ms Jin Liang, who will be working at our school on Mondays and Tuesdays this year as our Community Engagement Officer. Jin worked with our community on a few occasions last year, running parent forums and workshops. We were so impressed with her work, we have engaged her on a regular basis. Her position is made possible by use of the RAM funding provided under the Gonski model. In this Newsletter, you will find more about Jin and her role at HPS. Jin’s role is to work with parents and carers of all language and cultural backgrounds, helping to build strong partnerships and thereby improving outcomes for our students. We are delighted to have her on our team!

Mrs Anne Hewson – Principal

Lunar New Year
As recognition of the beginning of Lunar New Year 2016, we will be holding a short performance at our whole school morning assembly on Monday 8th February at 9 am. It will be held in the Area 5 playground under the large blue shade cloth. Students in Years 1 to 6 will be attending. You are most welcome to stay and watch the performance.

Mrs Jenny Cooper – Assistant Principal

Community Engagement Officer – Ms Jin Liang

Dear Parents and Carers

My name is Jin Liang. I am Community Engagement Officer at your school starting this year.

I have been working as Community Information Officer (CIO) at Ringrose Office (Greystanes) of the Department of Education since 2011. My role as CIO is to support schools with communicating and strengthening links to our parents and community members from diverse cultural and linguistic backgrounds. I have also worked as an ESL (English for Speakers of Other Languages) teacher at NSW AMES (Adult Migrant English Service) as well as TAFE and have substantial experience working with families from different cultural backgrounds. I am fluent in English, Mandarin and Cantonese.

Before starting at Hurstville Public School, I have been working in many public schools in the south western Sydney region. I am able to help parents and families with accessing many programs and services throughout the school term including bilingual services and assistance, early childhood programs, parenting and family support, health and wellbeing activities, social connection opportunities, training and education and links to settlement and specialist services.

A wide range of parent information sessions and workshops can be organised including:

- English conversation classes; Australian Citizenship class
- Families In Cultural Transition – Settlement programs for newly arrived families
- Raising Bilingual Children
- The importance of play
- Schooling in NSW
- Parenting and family support programs e.g. Triple P (Positive Parenting Program)
- Helping your child with homework and learning

Community Engagement Officer – Ms Jin Liang
Training and education courses
Health and wellbeing workshops, e.g. women’s health; dental health
Cyber safety

I will be at your school on Monday and Tuesday from 8:30 am – 4:00 pm. I can also be contacted by email at: xiaojin.liang1@det.nsw.edu.au or through the school if you are interested in any programs or services that I can help with.

In The Classroom

Early Stage 1 (Kindergarten)

We would like to extend a warm welcome to all parents of children in Kindergarten. The children have settled in extremely well and I think all the teachers would agree that it has been a great start to the year. We would also like to say how pleased and proud we are to see all our Kindergarten students in full school uniform.

From Monday 8th February, Kindergarten students will be expected to line up in the Area 1 playground at 8.55am each morning. Kindergarten teachers will be in the playground at bell time to help assemble the students. Please help your child line up in their class line and then stand at the back of the line so that students can see teachers and listen to any messages. Supervision is available in the playground from 8.40am. Please do not leave your child any earlier than 8.40am. Please pick up your child at 2.30pm from their classrooms. Teachers will be marking names off in the afternoon to ensure that all students are picked up safely.

To help us with this, could you please make sure you have completed the dismissal note that indicates who will be picking your child up on each day of the week. Please return this note as soon as possible.

From Monday 15th February, students will be dismissed at 2.45pm from their classrooms. This will remain the pick-up time for the rest of Term 1.

Please remember to send in a small piece of fruit or vegetable that students can eat for ‘crunch and sip’. This is usually at 10am each day. Students also need to bring in morning tea, lunch and a drink. If you are ordering lunch from the canteen, please make sure you tell your child that they are having a lunch order. Make sure that all your child’s belongings are labelled.

If you have any questions please do not hesitate to see your child’s teacher or myself.

Mrs Jessica Maakaroun – Assistant Principal

Stage 1
Year 1

Welcome back to all the new Year 1 students and families! We are looking forward to an exciting year of learning and fun.

A few things to remember:
Please ensure all belongings, such as hats, jumpers, lunch boxes and water bottles are clearly labelled

All classes participate in the ‘Crunch and Sip’ program, so please send a healthy snack each day

If ordering lunch, please ensure your child’s new class name is clearly written on the bag

An overview of Year 1 topics for Term 1 will be sent home shortly and we look forward to meeting parents and carers at the Class Information Evening in the next couple of weeks.

Ms Sarah Dawes and Ms Lauren Rafferty - Year 1 class teachers

Year 2

Welcome back to all Year 2 students and families and an extra big welcome to any new students joining us this year.

Please remember that we are continuing with the Crunch and Sip program this year. Parents, please pack some fresh, chopped fruit or vegetables for your child each day (as well as a healthy recess and lunch). We also ask all students to bring their school hat each day to protect them from the sun.

Home reading and news will commence in Week 3. We ask that students bring their home reading folder to school each day, in order to participate in the home reading program. A reminder note will be sent home shortly with the required equipment for the year.

We hope you have enjoyed your first few days in your new classes and we are looking forward to a wonderful year together!

Mrs Cusumano – Relieving Assistant Principal

Stage 2

Welcome back to all Stage 2 students and parents! We have an exciting and fun term ahead. We look forward to meeting you at our Class Information Evening to be held on Tuesday 16th February so we can outline the teaching and learning program for the year ahead.

Thank you to those parents who have already returned the Kempt Field note. It is a busy time of year and we encourage you to keep an eye out for the many notes that shall be coming home in the coming weeks. Copies of notes can be found on our website.

Stage 2 Teachers.
Stage 3

Years 5 and 6

Welcome to the 2016 school year.

Stage 3 students have quickly settled into their new classes and have begun the year with a responsible hard-working attitude towards their learning.

All of the teachers are very excited about the upcoming year with their new classes. If you have any problems or concerns regarding your child please request a meeting with your child’s teacher.

Competitive swimmers will be participating in the swimming carnival at Carss Park on Tuesday 9th February. We are looking forward to an exciting day of competition. Can we remind participants to be at school by 8:30am. Students need to wear their swimming costume under their sports uniform in addition to wearing enclosed shoes and a hat. They will also need to bring a small backpack containing their towel, underwear, recess, lunch, bottle of water and sunscreen.

Can all children please ensure that they arrive at school by 8:55am, wearing full school uniform including a school hat, with their lunch ordered from the canteen or packed in their bag. Children also need a bottle of water and fruit or vegetables for crunch and sip.

Stage 3 teachers look forward to meeting parents on Tuesday 16th February for the Class Information Evening.

Mrs Rebecca Ingram – Assistant Principal

Support Unit

Welcome back to 2016. I hope that all our families had a relaxing break over Christmas and managed to spend some quality time with their loved ones.

This year, the Support Unit has established a new Autism class which currently has four new students transitioning from pre-school or other mainstream school settings. We also have three new Kindergarten students transitioning into our Junior IO class. We welcome all our new families to Hurstville Public School and hope that students are all settling into their new school routines.

Currently the Support Unit has four classes including the Autism class, two IO classes and one IM class. If you have any questions or concerns regarding the school’s routines, please contact your child’s class teacher. Please remember to ensure that students’ belongings are all clearly labelled with their names. This includes school bags, lunchboxes, drink bottles, hats and jumpers. I look forward to seeing you all at our Parent Information Evening.

Mrs Nicole Moore – Assistant Principal
## CLASS REQUIREMENTS FOR 2016

<table>
<thead>
<tr>
<th>Kindergarten 2016</th>
<th>Support Unit 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>• 2 x boxes of tissues</td>
<td>• 2 x glue sticks</td>
</tr>
<tr>
<td>• 1 x roll of paper handtowel</td>
<td>• 1 x pack of baby wipes</td>
</tr>
<tr>
<td>• 1 x liquid hand soap</td>
<td>• 1 x liquid soap</td>
</tr>
<tr>
<td>• 1 x art smock / old shirt</td>
<td>• 1 x box of tissues</td>
</tr>
<tr>
<td></td>
<td>• 1 x USB Drive</td>
</tr>
<tr>
<td></td>
<td>• earphones (for use with ipads)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year 1 2016</th>
<th>Year 2 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>• 1 X clear plastic home reading folder</td>
<td>• 1 X clear plastic home reading folder</td>
</tr>
<tr>
<td>• 1 X pencil sharpener with catcher</td>
<td>• 1 X liquid soap</td>
</tr>
<tr>
<td>• 1 X liquid soap</td>
<td>• 1 X box of tissues</td>
</tr>
<tr>
<td>• 1 X box of tissues</td>
<td>• 1 X roll of paper handtowel</td>
</tr>
<tr>
<td>• 1 X roll of paper handtowel</td>
<td>• paint shirt</td>
</tr>
<tr>
<td>• 1 X paint shirt</td>
<td>• library bag</td>
</tr>
<tr>
<td>• 1 X library bag</td>
<td>• 3  X glue sticks (Bostik 35g)</td>
</tr>
<tr>
<td>• 3 X glue sticks (Bostik 35g)</td>
<td>• 4 X lead pencils 2B</td>
</tr>
<tr>
<td>• 4 X lead pencils 2B</td>
<td>• pencil sharpener with catcher</td>
</tr>
<tr>
<td>• 4 X whiteboard markers</td>
<td>• 2 X whiteboard markers</td>
</tr>
<tr>
<td></td>
<td>• Coloured pencils and textas</td>
</tr>
<tr>
<td></td>
<td>• 30cm ruler</td>
</tr>
<tr>
<td></td>
<td>• scissors – school size</td>
</tr>
<tr>
<td></td>
<td>• eraser</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year 3 2016</th>
<th>Year 4 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>• 2 x boxes of tissues</td>
<td>• 2 x boxes of tissues</td>
</tr>
<tr>
<td>• 1 X roll of paper handtowel</td>
<td>• 1 x pump hand sanitiser</td>
</tr>
<tr>
<td>• 1 X liquid soap</td>
<td>• 2 X glue sticks (Bostik 35g)</td>
</tr>
<tr>
<td>• 30cm ruler</td>
<td>• 30cm ruler</td>
</tr>
<tr>
<td>• 2 X glue sticks (Bostik 35g)</td>
<td>• sharpener</td>
</tr>
<tr>
<td>• 2 x lead pencils</td>
<td>• scissors – school size</td>
</tr>
<tr>
<td>• 1 x red pen</td>
<td>• eraser</td>
</tr>
<tr>
<td>• 1 x highlight</td>
<td>• 4 x lead pencils (HB)</td>
</tr>
<tr>
<td>• 1 x whiteboard marker</td>
<td>• coloured pencils</td>
</tr>
<tr>
<td>• 1 x USB Drive (2GB)</td>
<td>• 2 x red pens</td>
</tr>
<tr>
<td>• coloured pencils</td>
<td>• 1 x thick black texta (sharpie)</td>
</tr>
<tr>
<td>• textas (optional)</td>
<td>• 1 x whiteboard marker</td>
</tr>
<tr>
<td>• 1 x A3 display folder or document wallet</td>
<td>• 1 x highlight</td>
</tr>
<tr>
<td>• 1 x A4 display folder</td>
<td>• 1 x USB Drive</td>
</tr>
<tr>
<td></td>
<td>• 2 x A4 display folders</td>
</tr>
</tbody>
</table>
The Belltower

Band

We have had a very busy start to Band this year. Rehearsals have started and tutorials will start next week.

I believe the tutorial timetable was emailed to families by Engadine Bandtime this week. There are still a few sessions to be finalised. Concert Band students who play the clarinet and Wind Orchestra and Concert Band students who play the saxophone should bring their instruments on Monday.

Due to the swimming carnival, there will be no tutorials held on Tuesday. There will also be no Training Band rehearsal on Tuesday. The Concert Band rehearsal will still go ahead.

Currently, band conductors are assessing students so there may be slight changes as to which band students are in. Any changes will be emailed to parents so please make sure you are receiving emails from Engadine Bandtime.

Miss Danielle Scott - Deputy Principal
Set yourself up for a great year
Andrew Fuller

Make this the year that you will remember for the rest of your life as the time you really set yourself on the pathway to success. There are several sure-fire ways to make this the best year so far.

1. Make friends with everyone you know

Parents, teachers, friends, everyone! One of the ways of reducing your stress levels is to set out to have as many positive friendships this year as you can.

2. Acknowledge your inner genius

You are much, much smarter than you know. If you practice doing your best in life you will succeed because very few people ever practice doing their best.

To do your best you have to get out of the habit of predicting that things won’t go well for you. If you look for what’s going to go wrong, you will always find it. If you look for what works, life just gets a lot easier.

Aim to develop at least one positive aspect of yourself this year. The easiest way to start this is to appreciate the quality you want to develop in yourself.

3. Know that geniuses make mistakes

People who achieve a lot know that you have to make mistakes to learn. In fact, learning often involves making a mistake and then figuring out what went wrong. If you get too scared to make a mistake, you will not do anything different or new in your life and that would be, well, a mistake!

3. Prepare yourself for learning

Thinking positively isn’t enough for successfully achieving goals. You have to focus and do things differently. Concentration is hard to achieve and very easy to lose. Find ways to reduce distractions, at least while studying.

4. Liven up your life and get enough sleep

Not everyone in your life will be a well-wisher in your self-improvement and learning plans. They may you from your goal. Surround yourself with people who encourage you. Take time to be an encourager of other people rather than being a critic.

Sleep helps you to manage stress, stay happy and also increases your marks. The best way to protect yourself from being stressed or depressed is to get enough sleep.

You need at least 8 hours and sometimes as much as 9 and quarter hours a night. If we don’t get enough sleep we often become tired, moody, bored and boring.

5. Be healthy - eat breakfast

Some people skip breakfast, but you often learn best at school in the morning and it helps to have some protein in you to feed your brain. A lack of protein can actually cause headaches, concentration problems and low energy.

6. Do the most important things first

Get into the habit of being effective. Write a to-do list each week. Ask yourself the question, “What is the one thing I could do

Copyright Andrew Fuller, 2016  www.andrewfuller.com.au
this week in each subject area that would improve my results?” Then do it.

6. Use your time well

Many people muck around in school and then wonder why they have to do so much work outside of school. If you can focus and listen well while at school you can save yourself endless hours. Hours that you can spend doing the things you really want to do. Some people find if they sit at the front they are less distracted.

Teachers want their students to do well. Watch your teachers closely. Observe the things that they emphasise or repeat. Take notes of these things. It is a fair bet that these things will feature in tests and exams.

7. From little things big things grow

Do a little bit, often. Succeeding at school can be easy if you do a little bit each day. The best learning occurs when you do spaced interval training. This means do a little bit of practice every day. Interval training is especially powerful in subjects like maths and the sciences.

8. Focus and immerse yourself

For at least some time every day switch all forms of technology off and focus on whatever you’re studying. Don’t try to watch TV, listen to music or gaze at a screen at the same time as learning something. Technology is not going to be there in exam rooms so you need to be practiced at performing without it.

9. Don’t try to predict the future

Most students are really bad at predicting how well they are going to do. In fact, they are hopeless at it. So don’t spend the year thinking how awful your results could be. Just do the most important things first and do them regularly.

10. Be curious

Think of someone you know who always seems to know interesting things- weird facts, strange occurrences, funny jokes, and whacky stories. Try to be one of these people. Look out for and learn things that are fun and interesting.

11. Play more

Be active; break out into a sweat now and then. Lack of blood flow is a common reason for lack of concentration. If you’ve been sitting in one place for a while, stand up and stretch or bounce one of your legs for a minute or two. It gets your blood flowing and sharpens both concentration and recall. Even if you are really busy three twenty minute bursts of exercise a week makes a massive difference to your stress levels, happiness and sleeping.

12. Decide to be happy

Lots of people wait to be happy. They wait for the situation to be right. Or they wait for the right friends to show up. Some people spend their entire lives waiting to be happy. Decide to be happy now. Have a look at the things in your life you can feel lucky that you have. Appreciate the people who like you and love you. Make the most of the moment and seize the day. Help and encourage other people. Be a really good friend. Laugh more. Have fun. Have a fantastic year.

Andrew’s most recent book is “Unlocking Your Child’s Genius” (Finch, 2015).