Dear Parents and Carers,

Well it’s that time of year again when our school seriously starts talking about walking! Not only is walking a wonderful way to get you where you want to be, but it also gets your health and your child’s health on the right track too. So that’s why this year our school is participating in National Walk Safely to School Day on Friday 22 May 2015.

Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. We are encouraging all families to walk to school on Friday 22 May. It will also be a great opportunity for you to teach your child safe ways to behave around roads and traffic.

You can teach your child the healthy habit of walking more by:
- Walking with them the whole way to school
- If they get the bus or train, walk past your usual stop and get on at the next stop
- If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Remember, Active Kids are Healthy Kids so get planning your own Walk Safely to School Day journey for Friday 22 May 2015!

Mrs Jessica Maakaroun  
Assistant Principal  

Mrs Anne Hewson  
Principal